

‘Teach us to Pray’

It has been said that “Teach me to pray” was a prayer offered by Mother Teresa after she received the bread and wine at Holy Communion at each and every Communion service she attended.

Prayer and the nurture of of spiritual or inner selves is often described as being an important part of living a Christian life. Prayer, meditation, reading and reflecting on the scriptures, attending public worship, being baptised and gathering with others around the Lord’s Table are all places where we might hope to encounter God.

How do we know how to go about doing this though (well, turning up at church is easy, perhaps)? How do we learn? From ministers? From spiritual guides? From the practices of other Christian and faith traditions? From books? Who do you expect to teach you this stuff? Can it be taught? How have you learned?

The mission of the church to those outside the church is grounded and formed in the spiritual practice of those within it. If you are interested in exploring some of these questions with me, then you are invited to come to a single session.

On Monday 28th May 2012 between 2.00pm and 4.30pm.

At Carver URC, Windermere

Refreshments will be available. Please let me know by phone (01539 724567), text (07796 162828) or by email (sarah.moore@nwsynod.org.uk if you would like to attend.

I am aware that this is in the southern part of our area. If there is sufficient interest in exploring this subject in other parts of the area, I will look to plan similar events elsewhere later in the year. Again, please contact me as above if this applies to you.

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